

Winners of the FRA Long Distance Award

- 1987 MARTIN STONE FIRST SOLO/UNSUPPORTED MID-WINTER BOB GRAHAM SCOTTISH 24 HOUR RECORD -26 MUNROS SOLO/UNSUPPORTED
- 1988 MARK MCDERMOTT LAKE DISTRICT 24 HOUR RECORD – 76 PEAKS
- 1989 HELENE DIAMANTIDES WELSH CLASSIC, RAMSAY & BOB GRAHAM LADIES' RECORD
- 1989 MIKE HARTLEY PENNINE WAY RECORD
- 1990 HUGH SYMONDS MUNROS OF THE BRITISH ISLES – A CONTINUOUS RUN
- 1991 ANNE STENTIFORD WELSH CLASSIC & BOB GRAHAM LADIES' RECORDS
- 1992 ANDREW JOHNSON/ RORY GIBSON SCOTTISH MUNROS RECORD BY BIKE & ON FOOT
- 1993 MARTIN MORAN/ SIMON JENKINS ALPINE 4000M PEAKS – FIRST CONTINUOUS TRAVERSE ON FOOT & BY BIKE
- 1994 MIKE CUDAHY SCOTTISH MUNROS ON FOOT IN 66 DAYS
- 1995 RONALD TURNBULL RUN ACROSS 150 HILLS IN SCOTTISH BORDERS IN 10 DAYS
- 1996 JOSS NAYLOR LAKELAND 2,500 PEAKS TRAVERSE. 60 PEAKS AT 60
- 1997 MARK HARTELL LAKE DISTRICT 24 HOUR RECORD – 77 PEAKS
- 1998 YIANNIS TRIDIMAS MEIRIONYDD ROUND – A NEW 24 HOUR ROUND IN N WALES
- 1999 ROB WOODALL GREATER CUILLIN TRAVERSE – A NEW 24 TRAVERSE ON SKYE
- 2000 CHARLES CAMPBELL SCOTTISH MUNROS RECORD ON FOOT, BIKE AND SWIMMING 48 DAYS, 12 HOURS, 0 MINUTES. INCL. SWIMMING TO THE ISLANDS
- 2001 GLYN JONES TRANTERS ROUND – FIRST SOLO-UNSUPPORTED WINTER ROUND
- 2002 NOT AWARDED NO WORTHY RECIPIENT
- 2003 CHRIS UPSON LAKES 24 – A TRAVERSE OF 24 LAKELAND MARILYNS WITHIN 24 HOURS
- 2004 JOHN FLEETWOOD N. WALES ROUND & ROUGH BOUNDS OF KNOYDART
- 2005 YIANNIS TRIDIMAS FIRST ROUND OF 60 LAKELAND PEAKS AT 60 WITHIN 24 HOURS
- 2006 STEVE PERRY FIRST CONTINUOUS WINTER TRAVERSE OF THE 284 SCOTTISH MUNROS
- 2007 STEVE PYKE SCOTTISH 4000s RECORD
- 2008 LIZZIE HAWKER EVEREST BASE CAMP -> KATHMANDU RECORD
STEVE PYKE
- 2009 MANNY GORMAN SCOTTISH CORBETTS RECORD ON FOOT, BIKE AND BOAT
- 2010 STEVE PYKE SCOTTISH MUNROS RECORD ON FOOT, BIKE AND BOAT
- 2011 NICKY SPINKS LAKE DISTRICT 24 HOURS LADIES RECORD – 64 PEAKS

- 2012 STEVE ASHWORTH RAMSEY'S ROUND WINTER RECORD
- 2013 JON GAY TWO WINTER BOB GRAHAM ROUNDS In RECORD TIMES

MARTIN STONE

Registrar of Long Distance Records