

# THE MEIRIONNYDD ROUND

Designed and first completed by Yiannis Tridimas on Fri/Sat the 8th/9th May 1998

Approximate statistics: distance 72 miles, ascent 24,000

	Check point	Split	Clock	Support
<b>SECTION 1: Cadair idris</b>				
START	A487 layby 75313£		22:30	
1	Gau Graig 744141	00:25	22:55	
2	Mynydd Moe	00:20	23:15	
3	Penygadai	00:14	23:29	
4	Cyfrwy 703133	00:08	23:37	Nick Harris
5	Tyraw Mawr	00:26	00:03	
6	Craig Yllyn 66511£	00:19	00:22	
7	Braich Ddu	00:18	00:40	
	Morfa Mawddach Stator	00:25	01:05	
	Rest	00:05	01:10	
	Section 1 time	<b>02:40</b>		
<b>SECTION 2: Rhinog</b>				
8	Garn Corllwyn 61716£	00:27	01:37	
9	Knoll 622183	00:26	02:03	
10	Cairn 623195	00:14	02:17	
11	Pillar 631210	00:20	02:37	
12	Diffwys west top 64822£	00:22	02:59	
13	Diffwys	00:15	03:14	
14	Top 667238	00:08	03:22	
15	Crib y Rhiw 66424£	00:11	03:33	
16	Y Llethr	00:17	03:50	Ronnie Jackson
17	Rhinog Fach	00:26	04:16	Alan Duncan
18	Rhinog Fawr	00:56	05:12	Richard Lamb
19	Cairn 663306	00:39	05:51	
20	Craig Wion 664319	00:23	06:14	
21	Clip	00:22	06:36	
22	Craig Ddrwg 657331	00:07	06:43	
23	Top 656337	00:08	06:51	
24	Top 657342	00:07	06:58	
25	Moel Ysgyfarnogoc	00:08	07:06	
26	Foel Penolau	00:05	07:11	
27	Moel y Gyrafoler	00:14	07:25	
28	Craig Gwynl	00:12	07:37	
	A470 layby 69838£	00:33	08:10	
	Rest	00:05	08:15	
	Section 2 time	<b>07:05</b>		
<b>SECTION 3: Migneint</b>				
29	Foel Fawr 72639£	00:39	08:54	
30	Craig Wen 739394	00:17	09:11	
31	Carnedd Lagc	00:55	10:06	Rob Woodall
32	Arenig Fach	00:55	11:01	Nick Harris
	Pont Rhydyfen 82039£	00:27	11:28	
	Rest	00:05	11:33	
	Section 3 time	<b>03:18</b>		
<b>SECTION 4: Arenig</b>				
33	Arenig Fawr	00:47	12:20	
34	Arenig Fawr south top	00:04	12:24	
35	Moel Llyfnan	00:35	12:59	Neville Griffiths
36	Dduallt	01:40	14:39	Wayne Perciva
37	Rhobell Fawr	00:51	15:30	
	Pont Fronwydd (A490)	00:52	16:22	
	Rest	00:05	16:27	
	Section 4 time	<b>04:54</b>		
<b>SECTION 5: Aran</b>				
38	Aran Benllyr	01:13	17:40	
39	Erw y Ddafad Ddu 86423£	00:12	17:52	
40	Aran Fawddwy	00:14	18:06	Steve Cliff
41	Drws Bach Monument	00:15	18:21	Kevin Davisor
42	Gwaun y Llwyn	00:12	18:33	Richard Lamb
43	Glasgwm	00:43	19:16	
44	Pen y Brynnfforchog	00:32	19:48	
	Bwlch Oerddrws 802170	00:18	20:06	
	Rest	00:05	20:11	
	Section 5 time	<b>03:44</b>		
<b>SECTION 6: Dyfi Forest</b>				
45	Boundary Stone 79415£	00:46	20:57	Paddy, Gordor
46	Waun-Oer	00:14	21:11	John, Steve, Rot
47	Mynydd Ceiswyr	00:22	21:33	Richard, Nick
FINISH	A487 layby 75313£	00:29	22:02	Kevin, Ronnie
	Section 6 time	<b>01:51</b>		
	Round total time	<b>23:32</b>		

Road support: Kath Tridimas, Wynn Cliff, Ken Turner, Eileen and Graham Bon

Midsection support: Gordon Johnson and Eileen Bon