

WAINWRIGHT 7 SUMMITS - 19th June 2010

Schedule for Tony Wimbush's solo supported run	Actual Time	Split Time
Ambleside Clock Tower - start	14-25	
1. Raise	16-30	2-05
2. Scafell	18-15	1-45
3. Great Gable	19-35	1-20
Buttermere	21-11	1-36
rest	21-20	9
4. Grasmoor	22-35	1-15
Braithwaite	23-48	1-13
rest	23-59	11
5. Skiddaw	2-05	2-06
Latrigg CP	2-58	53
rest	3-14	16
Helvellyn CP	5-04	1-50
rest	5-13	9
6. Helvellyn	6-25	1-12
Patterdale Church	7-38	1-13
rest	7-42	4
Hartsop CP	8-26	44
rest	8-34	8
7. High Street	9-50	1-16
Kirkstone Pass	11-11	1-21
rest	11-15	4
Ambleside Clock Tower - finish	11-49	34
Total	21-24	21-24