

THE FREEMAN ROUND

Steve Freeman's Schedule - 25th June 2013

	Summit	Actual time
	Ambleside (Golden Rule pub) - start	6-15 am
1	LOUGHRIGG	6-51
2	SILVER HOW	7-27
3	BLEA RIGG	7-59
4	SERGEANT MAN	8-28
5	HIGH RAISE	8-35
6	ROSSETT PIKE	9-16
	Sty Head	9-55
7	GREAT GABLE	10-27
8	GREEN GABLE	10-42
9	BRANDRETH	10-55
10	GREY KNOTTS	11-01
	Honister – arrive	11-13
	Honister – depart	11-20
11	HIGH SPY	11-56
12	CAT BELLS	12-21
	Hawse End – arrive	12-36
	Hawse End – depart	12-47
	Keswick Main Street	13-07
13	LATRIGG	13-37
	Newsham – arrive	14-16
	Newsham – depart	14-35
14	CLOUGH HEAD	15-20
15	GREAT DODD	15-45
16	WATSON'S DODD	15-52
17	STYBARROW DODD	16-00
18	RAISE	16-14
19	WHITESIDE	16-22
20	HELVELLYN LOWER MAN	16-35
21	HELVELLYN	16-41
22	NETHERMOST PIKE	16-56
23	DOLLYWAGGON PIKE	17-03
	Grisedale Tarn	17-18
24	FAIRFIELD	17-47
25	HART CRAG	17-58
26	DOVE CRAG	18-10
27	HIGH PIKE	18-20
28	LOW PIKE	18-29
	Ambleside (Golden Rule pub) - finish	18-51