

SOUTH DALES CIRCUIT – 60 miles and 14,000 feet

Rick Ansell's Schedule

Summit		Height - feet	Grid Reference	Time
Start - Horton in Ribblesdale campsite			798 727	7.02
1	Pen-y-ghent	2273	838 733	7.40
2	Plover Hill	2231	848 752	8.00
3	Fountains Fell	2191	864 715	8.49
4	Darnbrook Fell	2048	884 727	9.09
5	Birks Fell	2001	918 763	10.24
6	Great Whernside	2310	002 739	12.07
7	Tor Mere Top	2050	969 765	12.46
8	Buckden Pike	2302	960 787	13.09
9	Yockenthwaite Moor	2109	908 810	14.19
10	Drumaldrace	2015	872 867	15.58
11	Dodd Fell	2189	840 845	16.44
12	Great Knoutberry	2203	788 871	18.33
13	Whernside	2419	738 814	20.06
14	Great Coum	2250	700 835	21.11
15	Green Hill	2054	701 814	21.34
16	Gregareth	2058	687 793	21.58
17	Inglebrough	2373	741 745	12.24
18	Simon Fell	2100	753 750	12.42
Finish - Horton -in- Ribblesdale campsite			798 727	2.02
overall time				19.00

Use in conjunction with OS Explorer Maps OL 02