

THE IRREGULARS
CANARY ISLANDS 3 PEAKS CHALLENGE
SCHEDULE



Fri 18th Nov - Day 1

Flight - UK (Manchester) to Tenerife (South) – Monach Flt No ZB564 Depart 0830 Arrive 1255.
Drive – Collect (VW Caravelle 7 seater) hire car – Airport South to Los Cristianos 11miles
Ferry - Tenerife (Los Cristianos) 1630 to La Gomera (San Sebastian) 1710
Drive – San Sebastian to Valle Gran Rey 25miles.
Hotel - Apartmentos Laurisilva (x3 Twin rooms (x1 with bed sofa))

Sat 19th Nov - Day 2

Walk - Valle Gran Rey to Garojonay (10mile/4872'climb) then descend to Hermigua (10mile)
Drive - Hermigua to San Sebastian 12miles
Ferry - La Gomera (San Sebastian) 1730 to Tenerife (Los Cristianos) 1810.
Drive - Los Cristianos to Puerto de la Cruz approx 66miles
Hotel – Dania Magic, Puerto de la Cruz (x2 Double & x1 Triple rooms with dinner & breakfast)

Sun 20th Nov - Day 3 / Mon 21st Nov - Day 4

Walk – Puerto de la Cruz to El Teide (28 miles/12198'climb) then descend to Refugio Alta Vista
Overnight refuge – Refugio Alta Vista (Bedding provided, no food)
Walk - Refugio Alta Vista descent to Playas des Americas or Los Cristianos

Support Schedule

Sun 20th Nov

Drive – Porto Cruz to Los Caletillas approx 28mile
Hotel – Punda del Rey (x1 Double room)

Mon 21st Nov

Drive – Los Caletillas to Playas des Americas or Los Cristianos 38miles - Collect group then...
Drive - Playas des Americas or Los Cristianos to Los Caletillas 38miles
Hotel – Punda del Rey (x1 Double & x1 Triple rooms)

Tue 22nd Nov - Day 5

Rest Day
Ferry - Tenerife (Los Cristianos) 1900 to La Palma (Santa Cruz) 2115
Drive – Santa Cruz to Los Lianos De Aridane (Tazacorte) 18miles
Hotel – Hotel Valle Aridane (x2 Double & x1 Triple rooms)

Wed 23rd Nov - Day 6 / Thu 24th Nov - Day 7

Drive - Los Lianos De Aridane to Tazacorte 3miles.
Walk – Tazacorte to Roque de la Los Muchachos (10.5mile/8500') then descend to Faro de Fuencaliente (31mile / 12,500' descent (4700' ascent))

Support Schedule

Wed 23rd Nov

Drive – Tazacorte to Santa Cruz 25miles
Hotel - Aparthotel El Galeon (x1 Double room)

Thu 24th Nov

Drive – Santa Cruz to Faro de Fuencaliente 21miles – Collect group then...
Drive- Faro de Fuencaliente to Santa Cruz 21miles
Hotel – Aparthotel El Galeon (x1 Single & x1 4bed rooms)

Fri 25th Nov - Day 8

Ferry - La Palma (Santa Cruz) 0545 to Tenerife (Los Cristianos) 0810
Drive - Los Cristianos to Los Caletillas 38miles
Hotel – Punda del Rey (x2 Double & x1 Triple rooms)

Sat 26th Nov – Day 9

Drive – Return hire car to Tenerife Airport South 28miles.
Flight -Tenerife (South) to UK (Manchester) – Monach Flt No ZB565 Depart 1355 Arrive 1820.