

## Mountain Class Schedule

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This is for guidance only; it is not intended to be mandatory. In broad terms allow 1 day for Gomera, 2 days each for La Palma and Tenerife plus a day for travel to and across Tenerife. This then gives a spare contingency day.

- Day 1** Flight - UK to Tenerife. Evening ferry from Los Cristionos to San Sebastian, Taxi to Valle Gran Rey (hotel)
- Day 2** Valle Gran Rey – Garojonay (4872') – Le Cedro - Hermigua – taxi to San Sebastian - ferry to Los Cristionos – ferry to Santa Cruz de La Palma (hotel)
- Day 3** Taxi to Tazacorte – Roque de la Los Muchachos (7959') – Refugio del Pilar (overnight bivvy)
- Day 4** Decent to Faro de Fuencaliente – bus/taxi to Santa Cruz de La Palma (hotel)
- Day 5** Ferry to Los Cristionos, bus to Santa Cruz de Tenerife (for El Teide permit) – bus to Porto Cruz (hotel). Time to relax and enjoy your holiday!
- Day 6** Porto Cruz – El Teide (12198') - overnight bivvy or stay at Refugio Alta Vista if open
- Day 7** Descent to Parador de Canadas del Teide - Montana de las Lajas Vilaflor - Arona - Playas de las Americas/Los Cristionos (hotel)
- Day 8** Contingency day
- Day 9** Flight - Tenerife to UK.